

MIKAYLA HOLMGREN

EXPERIENCE

Campaign Model

- Sephora - Times Square Non-Profit Campaign *New York, NY*
- Bally Sports North - Instagram Campaign *Minnesota*
- Sephora - We Belong to Something Beautiful *San Francisco, CA*
- Rosedale Shopping Center - Winter Campaign *Roseville, MN*
- Sigma Beauty *Mendota Heights, MN*

Print Model

- Walmart Spark Shop *Minneapolis, MN*
- Optum Bank *Minneapolis, MN*
- Volk Magazine *Minneapolis, MN*
- Rosedale Shopping Center *Roseville, MN*
- MFW FashionAble *Minneapolis, MN*

Runway Model

- Dreaming Big Without Limits Fashion Show *Stillwater, MN*
- Evolve Fashion Show - Fashion Week MN *Minneapolis, MN*
- MN FashionAble Fashion Show - Fashion Week MN *Minneapolis, MN*

Dance

- Best Buddies Leadership Conference *Bloomington, IN*
- Best Buddies Champion of the Year Gala *Minneapolis, MN*
- Dancing with Nia Souix Social Media Series - *Hollywood, CA*
- Special Olympics Summer Celebration *St. Paul, MN*
- Gigi's Playhouse Gala *Bloomington, MN*
- Various Dance Competitions

Speaker

- ReelAbilities 2025 - *Houston, TX*
- IM4Q Annual Statewide Training 2024 *Temple University, Philadelphia, PA*
- Best Buddies Champion of the Year Gala 2023 *Minneapolis, MN*
- Gigi's Playhouse Gala 2020 *Des Moines, IA*
- National Down Syndrome Conference 2019 *Pittsburgh, PA*
- Pennsylvania State Capitol - Down Syndrome Protection Act 2019 *Harrisburg, PA*
- Sharing Arizona Annual Dinner 2019 *Chandler, AZ*
- ProAct Annual Dinner 2019 *Woodbury, MN*
- United Nations - Saving Down Syndrome 2018 *New York, NY*
- Best Buddies Leadership Conference 2017 *Bloomington, IN*
- Minnesota Congress Trisomy Awareness Bill 2016 *St. Paul, MN*

SPECIAL ABILITIES/SKILLS/TRAINING

- Dance: Ballet, Pointe, Lyrical, Contemporary, Jazz, Hip Hop, Tap, Acro
- Sports: Gymnastics, Golf, Yoga, Paddleboarding, Skiing, Track and Field
- Acting: Improv Classes, Silent Movie Productions
- Things About Me: Loves to perform, very sociable, excellent learner, loves dogs and horses

AWARDS

- Special Olympics 2026 USA Games Ambassador; Gold and Silver Medalist
- Spirit of Courage Award- Best Buddies 2025
- Global Ambassador Best Buddies 2023-2024
- Spirit of Miss USA Award 2017, 2021, 2023 - *Miss Minnesota USA*
- Swimsuit Award Miss Minnesota USA 2022 - *Miss Minnesota USA*
- People's Choice Miss Minnesota USA 2021 - *Miss Minnesota USA*
- Miss Congeniality Award 2018 - *Miss Minnesota USA*
- Miss Congeniality Award 2018 - *The Global Beauty Awards*
- Minnesota Miss Amazing Jr. Miss 2015 - *Miss 2019*
- Director's Award 2017 - *Miss Minnesota USA*

SOCIAL MEDIA

- Facebook: Mikayla Holmgren - Dancer with Down Syndrome
- Instagram: MikHolmgren.inspiring.others
- TikTok: Mikayla Holmgren
- Website: www.MikaylaHolmgren.com

AGENT:

Paloma Model & Talent, Inc.
323.800.7500